Horizon BCBSNJ: Branchburg Township BOE DA7 \$20/\$35 Active

Coverage for: <u>All Coverage Types</u>



copy of the complete terms of coverage, visit Member Online Services at <u>www.HorizonBlue.com/members</u> or by calling 1-800-355-BLUE(2583). If you do not currently have coverage with Horizon BCBSNJ you can view a sample policy here, HorizonBlue.com/sample-benefit-booklets. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-800-355-BLUE(2583) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	,	Generally, you must pay all of the costs from providers up to the deductible amount
deductible?	for in-network. \$800.00 Individual /	before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each
		family member must meet their own individual <u>deductible</u> until the total amount of
	Aggregate family.	<u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u>
before you meet your	you meet your <u>deductible</u> .	amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers
deductible?		certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> .
		See a list of covered <u>preventive services</u> at
		https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u>	No.	You don't have to meet <u>deductibles</u> for specific services.
for specific services?		
What is the <u>out-of-pocket</u>		The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If
<u>limit</u> for this <u>plan</u> ?	\$2,000.00 Individual/ \$4,000.00	you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-</u>
	Family. For out-of-network Health	pocket limits until the overall family out-of-pocket limit has been met.
	providers \$5,000.00 Individual/	
	\$10,000.00 Family. Aggregate family.	
What is not included in the		Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u>
out-of-pocket limit?	health care this <u>plan</u> doesn't cover.	<u>limit</u> .
Will you pay less if you use	Yes. For a list of in-network provider,	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u>
a <u>network provider</u> ?	see <u>www.HorizonBlue.com</u> or call 1-	network. You will pay the most if you use an out-of-network provider, and you
	800-355-BLUE (2583).	might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge
		and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use
		an out-of-network provider for some services (such as lab work). Check with your
		<u>provider</u> before you get services.

Do you need a <u>referral</u> to	No. You don't need a <u>referral</u> to see a	You can see the <u>specialist</u> you choose without a <u>referral</u> .
see a <u>specialist</u> ?	<u>specialist</u> .	

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All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

Common Medical Event	Services You May Need	What You	u Will Pay	Limitations, Exceptions, & Other	
		Network Provider (You will pay the least)	Out-of-Network Provider(You will pay the most)		
-	Primary care visit to treat an injury or illness	\$20.00 Copayment per visit. \$15.00 Copayment per visit applies only to Horizon CareOnline. <u>Deductible</u> does not apply.		Horizon CareOnline telemedicine services is an additional telemedicine feature provided through Horizon BCBSNJ's telemedicine vendor.	
	<u>Specialist</u> visit	\$35.00 Copayment per visit. \$15.00 Copayment per visit applies only to Horizon CareOnline. <u>Deductible</u> does not apply.	40% Coinsurance.		
	Preventive care/screening/immunization	No Charge. <u>Deductible</u> does not apply.	<u>Deductible</u> does not apply.	One per calendar year. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$20.00 Copayment per visit for Office. \$20.00 Copayment per visit and 20% Coinsurance for Independent Laboratory. <u>Deductible</u> does not apply. 20% Coinsurance for Outpatient Hospital.	Office, Outpatient Hospital, Independent Laboratory.	Copay will only be assessed if an office visit is billed separately. Molecular and genomic testing are subject to pre- service and post-service medical necessity review.	
	Imaging (CT/PET scans, MRIs)	20% Coinsurance for Outpatient Hospital.	40% Coinsurance for Outpatient Hospital.	Requires pre-approval.	

Common		What You	u Will Pay		
Medical Event	Services You May Need	Network Provider (You will pay the least) the most)		Limitations, Exceptions, & Other Important Information	
If you need drugs to	Generic drugs	Not Covered.	Not Covered.	none	
treat your illness or	Preferred brand drugs	Not Covered.	Not Covered.		
condition	Non-preferred brand drugs	Not Covered.	Not Covered.		
	Specialty drugs	Not Covered.	Not Covered.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance for Outpatient Hospital, Ambulatory Surgical Center.	40% Coinsurance for Outpatient Hospital, Ambulatory Surgical Center.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review.	
	Physician/surgeon fees	20% Coinsurance for Outpatient Hospital.	40% Coinsurance for Outpatient Hospital.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review. 20% <u>Coinsurance</u> for in-network anesthesia. 40% <u>Coinsurance</u> for out-of-network anesthesia.	
If you need immediate medical attention	Emergency room care	\$100.00 Copayment then 20% Coinsurance for Outpatient Hospital. <u>Deductible</u> does not apply.	\$100.00 Copayment then 20% Coinsurance for Outpatient Hospital. <u>Deductible</u> does not apply.	Copay waived if admitted within 24 hours. Applies only to emergency room medical emergency and accidental injury.	
	Emergency medical transportation	20% Coinsurance.	40% Coinsurance.	none	
	Urgent care	\$35.00 Copayment per visit for Specialist. <u>Deductible</u> does not apply.	40% Coinsurance for Specialist.	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance for Inpatient Hospital.	\$500.00 Copayment per	Requires pre-approval. In-network & Out-of-network inpatient separation period is limited to 90 days.	
	Physician/surgeon fees	20% Coinsurance for Inpatient Hospital.	40% Coinsurance for Inpatient Hospital.	Procedures related to spine surgery are subject to pre-service and post-service utilization management review. 20% <u>Coinsurance</u> for anesthesia. 40% <u>Coinsurance</u> for out-of-network anesthesia.	

Common		What You	ı Will Pay		
Medical Event	Services You May Need	Network Provider (You will pay the least)Out-of-Network Provider(You will pay the most)		Limitations, Exceptions, & Other	
If you need mental health, behavioral	Outpatient services	20% Coinsurance for Outpatient Hospital.	40% Coinsurance for Outpatient Hospital.	none	
health, or substance abuse services	Inpatient services	20% Coinsurance for Inpatient Hospital.	40% Coinsurance for Inpatient Hospital.	Requires pre-approval. In-network & Out-of-network inpatient separation period is limited to 90 days.	
If you are pregnant	Office visits	\$20.00 Copayment per visit for Office. \$35.00 Copayment per visit for Specialist. <u>Deductible</u> does not apply.	40% Coinsurance for Office.	<u>Cost sharing</u> does not apply for <u>preventive services</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. Ultrasound.)	
	Childbirth/delivery professional services	20% Coinsurance for Inpatient Hospital.	40% Coinsurance for Inpatient Hospital.	none	
	Childbirth/delivery facility services	20% Coinsurance for Inpatient Hospital.	40% Coinsurance and \$500.00 Copayment per admission for Inpatient Hospital.	In-network & Out-of-network inpatient separation period is limited to 90 days.	
If you need help recovering or have	Home health care	20% Coinsurance after deductible.	40% Coinsurance.	Requires pre-approval.	
other special health needs	Rehabilitation services	20% Coinsurance for Inpatient Hospital.	40% Coinsurance for Inpatient Hospital.	Requires pre-approval.	
	Habilitation services	20% Coinsurance for Inpatient Hospital.	40% Coinsurance for Inpatient Hospital.		
	<u>Skilled nursing care</u>	20% Coinsurance for Inpatient Facility.	40% Coinsurance for Inpatient Facility.	Requires pre-approval. In-network inpatient skilled nursing facility day limit is limited to 120 days. Out-of- network inpatient skilled nursing facility day limit is limited to 60 days.	
	Durable medical equipment	20% Coinsurance.	40% Coinsurance.	Prior authorization required for DME purchases over \$500.	
	Hospice services	20% Coinsurance for Inpatient Facility.	40% Coinsurance for Inpatient Facility.	Requires pre-approval.	

Common	Services You May Need	What You	ı Will Pay		
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider(You will pay the most)	Limitations, Exceptions, & Other Important Information	
If your child needs dental or eye care	Children's eye exam	\$35.00 Copayment for Specialist. <u>Deductible</u> does not apply.		In-network routine vision exam visit limit is limited to 1 visit.	
	Children's glasses	Not Covered.	Not Covered.	none	
	Children's dental check-up	Not Covered.	Not Covered.	none	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

Cosmetic Surgery

Long Term Care

Weight Loss Programs

• Dental care (Adult)

• Routine foot care

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

•	Acupuncture
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- Bariatric surgery
- Chiropractic care

- Hearing Aids (Only covered for Members age 15 years or younger)
- Infertility treatment
- Most coverage provided outside the United States. See www.HorizonBlue.com
- Non-emergency care when traveling outside the U.S. See www.HorizonBlue.com
- Private-duty nursing
- Routine eye care (Adult.)

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-800-355-BLUE (2583) or visit <u>www.Horizonblue.com</u>. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. You may also contact the NJ Department of Banking and Insurance Consumer Protection Services at 1-888-393-1062 ext 50998.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this <u>plan</u> meet the Minimum Value Standards? No

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost</u> sharing amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>Copayment</u> Hospital (facility) <u>Coinsuran</u> Other <u>Coinsurance</u> 	\$35.00	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>Copayment</u> Hospital (facility) <u>Coinsurance</u> Other <u>Coinsurance</u> 	\$200.00 \$35.00 <u>ce</u> 20% 20%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>Copayment</u> Hospital (facility) <u>Coinsurance</u> Other <u>Coinsurance</u> 	\$200.00 \$35.00 20% 20%
This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)		This EXAMPLE event includes services like: Emergency room care <i>(including medical supplies)</i> Diagnostic test <i>(x-ray)</i> Durable medical equipment <i>(crutches)</i> Rehabilitation services <i>(physical therapy)</i>	
Total Example Cost	\$12,800.00	Total Example Cost	\$7,400.00	Total Example Cost	\$1,900.00
In this example, Peg would pay: Cost Sharing		In this example, Joe would pay: Cost Sharing		In this example, Mia would pay: Cost Sharing	
Deductibles	\$200.00	Deductibles	\$200.00	Deductibles	\$200.00
Copayments	\$20.00	Copayments	\$160.00	Copayments	\$130.00
Coinsurance	\$1,780.00	Coinsurance	Coinsurance \$310.00 Coinsurance		\$120.00
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$100.00	Limits or exclusions	\$4,310.00	Limits or exclusions	\$220.00
The total Peg would pay is	\$2,100.00	The total Joe would pay is	\$4,980.00	The total Mia would pay is	\$670.00

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



If you need help understanding this Horizon Blue Cross Blue Shield of New Jersey information, you have the right to get help in your language at no cost to you. To talk to an interpreter, please call **1-800-355-BLUE (2583)** during normal business hours.

Spanish (Español): Si necesita ayuda para comprender esta información de Horizon Blue Cross Blue Shield of New Jersey, usted tiene el derecho de obtener ayuda en su idioma sin costo alguno. Para hablar con un intérprete, sírvase llamar al **1-855-477-AZUL (2985)** durante el horario normal de trabajo.

Chinese (中文):如果您需要幫助來理解這份新澤西州地平線藍十字藍盾 (Horizon Blue Cross Blue Shield of New Jersey)資料,您有權免費獲得以您的語言提供的協助。 欲聯絡翻譯人員,請於上班時間致電 1-800-355-BLUE (2583)。

Korean (한국어): 가입자는 Horizon Blue Cross Blue Shield of New Jersey에 관한 정보를 이해하기 위해 주로 사용하는 언어로 무료로 도움을 받을 권리가 있습니다. 통역사의 도움을 받으려면 정상 업무 시간 동안에 **1-800-355-BLUE (2583)**로 전화해 주십시오.

Portuguese (Português): Se precisar de ajuda para entender estas informações da Horizon Blue Cross Blue Shield of New Jersey, você tem o direito de receber gratuitamente assistência no seu idioma. Para falar com um intérprete, ligue para: **1-800-355-BLUE (2583)** no horário normal de trabalho.

Gujarati (ગુજરાતી): જો તમને આ ન્યુ જર્સી માહિતીનાં હોરાઈઝન્સ બ્લૂ ક્રોસ બ્લૂ શીલ્ડને સમજવા મદદની જરૂર હોય તો, તમને તમારી ભાષામાં કોઇ પણ ખર્ચ વગર મદદ મેળવવાનો અધિકાર છે. કોઈ દુભાષિયા સાથે વાત કરવા, કુપા કરીને સામાન્ય બિઝનેસ કલાકો દરમિયાન 1-800-355-BLUE (2583) પર ફોન કરો .

Polish (Polski): Jeżeli potrzebujesz pomocy, aby zrozumieć informacje planu Horizon Blue Cross Blue Shield of New Jersey, masz prawo poprosić o bezpłatną pomoc w języku ojczystym. Aby skorzystać z pomocy tłumacza, zadzwoń pod numer **1-800-355-BLUE (2583)** podczas normalnych godzin pracy. Russian (Русский язык): Если вам необходима помощь в разъяснении этой информации, предоставленной компанией Horizon Blue Cross Blue Shield of New Jersey, у вас есть право на получение помощи на вашем родном языке бесплатно. Для связи с переводчиком звоните по номеру телефона **1-800-355-BLUE (2583)** в обычные рабочие часы.

Haitian Creole (Kreyòl ayisyen): Si ou bezwen èd pou konprann enfòmasyon sou Horizon Blue Cross Blue Shield of New Jersey, ou gen dwa pou jwenn èd nan lang natifnatal ou gratis. Pou pale avèk yon entèprèt, tanpri rele nimewo **1-800-355-BLUE (2583)** pandan lè nòmal biznis.

Hindi (हिंदी): यदि आपको न्यू जर्सी की इस होराइज़न ब्लू क़ॉस ब्लू शील्ड सूचना को समझने में सहायता की ज़रूरत है, तो आपके पास मुफ्त में अपनी भाषा में सहायता पाने का अधिकार है। किसी दुआषिए से बात करने के लिए, कृपया सामान्य कार्य समय के दौरान 1-800-355-BLUE (2583) पर कॉल करें।

Vietnamese (Tiếng Việt): Nếu cần được giúp đỡ để hiểu rõ thông tin này của Horizon Blue Cross Blue Shield of New Jersey, quý vị có quyền được giúp đỡ bằng ngôn ngữ của mình miễn phí. Xin gọi số **1-800-355-BLUE (2583)** trong giờ làm việc để nói chuyện với người thông dịch.

French (Français): Si vous avez besoin d'assistance pour comprendre ces informations au sujet de Horizon Blue Cross Blue Shield of New Jersey, vous avez le droit d'obtenir de l'aide dans votre langue, sans aucun frais. Pour parler avec un interprète, veuillez appeler le **1-800-355-BLUE (2583)** pendant les heures normales de bureau.

Navajo (Diné): Díí New Jersey bił hahoodzo Horizon Blue Cross Blue Shield, t'áá ninizaad k'ehjí baa hane'íí bik'i diitijh bee shiká' a'doowoł nínízingo éí bee ná'ahoot'i' dóó doo bááh ílíní da. Ata' halne'é ła' bich'į' hadeesdzih nínízingo t'áá shoodí **1-800-355-BLUE (2583)**jį' nida'anishgo oolkiłíí bik'ehgo hodíílnih.

Arabic (عربي): إذا كنت بحاجة إلى المساعدة في فهم معلومات Horizon Blue Cross Blue Shield of New Jersey، لديك الحق في الحصول على المساعدة بلغتك دون تحملك أية تكلفة. للتكلم مع مترجم، يرجى الاتصال خلال ساعات العمل العادية بالرقم (2583) Here-355-BLUE.

Urdu (ا**ردو):** اگر آپ کو نیوجرسی انفارمیشن کے اس آسمانی نیلے رنگ والے تیز نیلے رنگ والے شیلڈ کو سمجھنے میں مدد کی ضرورت ہے تو، آپ کو اپنی زبان میں بغیر کسی خرچ کے مدد حاصل کرنے کا حق ہے۔ مترجم سے بات کرنے کے لیے، براہ کرم، معمول کے کاروباری اوقات میں **(2583) BLUE-355-BLUE پ**ر کال کریں۔ Italian (Italiano): Se vi serve aiuto per capire queste informazioni della Horizon Blue Cross Blue Shield of New Jersey, avete diritto ad assistenza gratis nella vostra lingua. Per parlare con un interprete, siete pregati di telefonare al numero **1-800-355-BLUE (2583)** durante le normali ore d'ufficio.

Tagalog (Tagalog): Kung kailangan mo ng tulong sa pag-unawa nitong impormasyon ng Horizon Blue Cross Blue Shield of New Jersey, may karapatan kang humingi ng tulong sa iyong wika nang walang gastos sa iyo. Upang makipag-usap sa isang taga-interpret, mangyaring tumawag sa **1-800-355-BLUE (2583)** sa loob ng karaniwang mga oras ng negosyo.

CMC0007942 (0516)

An Independent Licensee of the Blue Cross and Blue Shield Association.



Notice of Nondiscrimination

Horizon Blue Cross Blue Shield of New Jersey complies with applicable Federal civil rights laws and does not discriminate against nor does it exclude people or treat them differently on the basis of race, color, gender, national origin, age, disability, pregnancy, gender identity, sex, sexual orientation or health status in the administration of the plan, including enrollment and benefit determinations.

Horizon BCBSNJ provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and information written in other languages.

Contacting Member Services

Please call Member Services at 1-800-355-BLUE (2583) (TTY/TDD 711) or the phone number on the back of your member ID card, if you need the free aids and services noted above and for all other Member Services issues, including:

- Claim, benefits or enrollment inquiries
- Lost/stolen ID cards
- Address changes
- Any other inquiry related to your benefits or health plan

Filing a Section 1557 Grievance

If you believe that Horizon BCBSNJ has failed to provide the free communication aids and services or discriminated on the basis of race, color, gender, national origin, age or disability you can file a discrimination complaint also known as a Section 1557 Grievance. Horizon BCBSNJ's Civil Rights Coordinator can be reached by calling the Member Services number on the back of your member ID card or by writing to the following address:

Horizon BCBSNJ – Civil Rights Coordinator PO Box 820 Newark, NJ 07101

If you are not a Horizon BCBSNJ member, you may contact Horizon BCBSNJ's Civil Rights Coordinator by calling **1-866-660-6528** (TTY/TDD **711**) or by writing to Horizon BCBSNJ's Civil Rights Coordinator at the above-referenced address. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

Office for Civil Rights Headquarters U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019 or 1-800-537-7697 (TDD)

OCR Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

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