



## Find the right counselor for you

We know there's a lot of trust involved in working with a counselor to improve your emotional well-being. That's why we're here to make it easier for you.

Maybe you're looking for a provider from a similar ethnic background. Or one with experience helping lesbian, gay, bisexual, transgender and queer (LGBTQ+) clients. For help finding a counselor that meets your needs, give us a call. We want to help.

Simply mention the ethnicity or experience you're looking for in a counselor. We'll ask you a few questions about your preferences, research available providers and get back to you with options that may work for you.

If you'd like to change counselors, you can call us back at any time. We'll help you find a new counselor.

Give us a call for support with choosing the right counselor for you.

### **The EAP is administered by Resources For Living, LLC.**

All EAP calls are confidential, except as required by law. EAP instructors, educators and participating providers are independent contractors and are not agents of Resources For Living. Provider participation may change without notice.