

Wise & Well

April 2026

Be Informed about Your Health Benefits
Pompton Lakes School District



2026 Health Benefits Open Enrollment May 4 through May 29

**Open Enrollment for health plan year 2026 / 2027 is
May 4 through May 29! Now is the time to:**

- Switch to an alternative benefit plan as eligible
- Remove or add eligible dependents
- Enroll yourself for new coverage as eligible
- Enroll / re-enroll for a benefits waiver as eligible

Switch to an alternative benefit plan

Now is the time to switch to a different benefit plan if you choose. Note these eligibility guidelines:

- **If your date of hire was on/after July 1, 2020,** you are eligible to enroll in the NJEHP or GSP plan
- **If your date of hire was before July 1, 2020,** you are eligible to enroll in the plan of your choice

Note: the Direct Access \$15 is our District Base Plan. You have the option to 'buy up' to the Direct Access \$10 by paying the premium difference plus the contribution amount for the coverage tier you choose.

Remove or add eligible dependents

Open Enrollment is the time to enroll your eligible dependent (e.g., a child under age 26 or a new spouse). Likewise, now is the time to disenroll, for instance, your dependent who has new employer coverage or a spouse from whom you are now divorced. While you should notify the Business Office at the time when such events occur, you can do so now during Open Enrollment.

Enroll yourself for new coverage

If you are eligible for but are not currently enrolled in District health plans, you can choose to join now.

Enroll / re-enroll for a benefits waiver

If you have access to health benefits elsewhere (e.g., coverage through your spouse's employer), you may be eligible to waive District coverage in return for incentive payments. **Note, if waiving benefits now and you wish to do so in the new**



plan year, you MUST re-enroll now. Contact Health Benefits Administration for instructions.

Next Steps

- Review the plan options for which you are eligible at [Benefits Online](#) via the shared link.**
- If any above option applies to you, your paperwork is due to the Business Office on or before **May 29**.
- Any changes you make now take effect **July 1**.
- Note: no action is needed unless one of the above applies to you.**
- Questions? Contact Health Benefits Administration at healthbenefits@plps.org.