

Wise & Well

April 2026

Be Informed about Your Health Benefits
Shamong Township Schools



2026 SHIF Open Enrollment April 20 through May 8

Open Enrollment for health plan year 2026 / 2027 is April 20 through May 8! Now is the time to:

- Switch to an alternative benefit plan as eligible
- Remove or add eligible dependents
- Enroll yourself for new coverage as eligible
- Enroll / re-enroll for a benefits waiver as eligible

Switch to an alternative benefit plan if eligible

Now is the time to switch to a different benefit plan if you choose. Note these eligibility guidelines:

- **If your date of hire was on/after July 1, 2020**, you are eligible to enroll in the NJEHP or GSP plan
- **If your date of hire was before July 1, 2020**, you are eligible to enroll in the plan of your choice

Compare options at our *Benefits Online* website to decide if a plan switch works for you: shamongschools.org / District / Staff Resources / Benefits / Employee Benefits Online.

Remove or add eligible dependents

Open Enrollment is the time to enroll your eligible dependent (e.g., a child under age 26 or a new spouse). Likewise, now is the time to disenroll, for instance, your dependent who has new employer coverage or a spouse from whom you are now divorced. While you should notify the Business Office at the time when such events occur, you can do so now during Open Enrollment.

Enroll yourself for new coverage

If you are eligible for but are not currently enrolled in District health plans, you can choose to join now.

Enroll / re-enroll for a benefits waiver

If you have access to health benefits elsewhere (e.g., coverage through your spouse's employer), you may be eligible to waive District coverage in return for incentive payments. **Note, if you are currently waiving**

benefits and you wish to do so in the new plan year, you MUST re-enroll now. Contact the Business Office for instructions.



Next Steps

- See *Benefits Online* and the SHIF 2026-2027 Open Enrollment Guide to review plan choices. **Note: some plans in the Guide may not apply to our group.**
- If any above option applies to you, your paperwork is due to the Business Office on or before **May 8**.
- Any changes you make now take effect **July 1**.
- Note: no action is needed unless one of the above applies to you.**
- Questions? Contact the [Business Office](#).