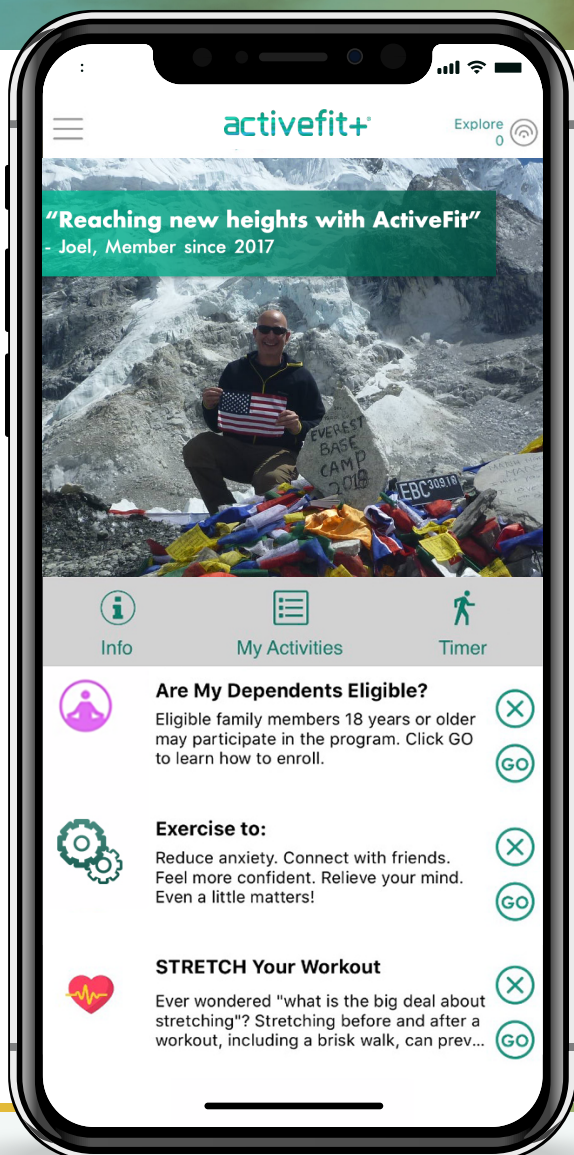


Rewarded.



ActiveFit+™ rewards you for making your health and fitness a priority.

Welcome to ActiveFit+!

Now more than ever, physical activity can make a big difference in your mental and physical health. South Brunswick School District wants to help you get and stay active. Starting 3/1, we are offering the ActiveFit+ wellness solution to encourage you to exercise 12 days or more per month. ActiveFit+ allows you to reach your exercise goals by:

- + Visiting an approved fitness facility
 - + Walking 10,000 steps a day
 - + Completing a workout from home
- Do any combination of these activities for **12 days or more in a month** and you will be rewarded with a \$20 incentive. That can mean up to \$240 a year in rewards!
- Participation in the program is easy and done through the ActiveFit+ mobile app which tracks gym visits, uploads steps, encourages home workouts, and validates physical activity. You will also have access to the ActiveFit+Blog®, which provides information about mindfulness, recipes, work-out tips, and more.
- When ActiveFit+ is running, it imports your step count from a compatible wearable device or mobile app..

ActiveFit+ can also detect when you've entered a participating gym and log the visit toward your monthly incentive goal. Check out the new ActiveFit@Home function which allows you to track your home work-outs, too!

How to participate

To enroll in this incentive program, simply visit <https://sbsd.activefitplus.com/enroll> or call the Advanta Health Solutions member services team at 1-201-351-7850, ext. 1 to get started.

Please note that your covered dependents age 18 and older, can participate, as well.

We hope you enjoy the benefits of the ActiveFit+ program and regular physical activity.