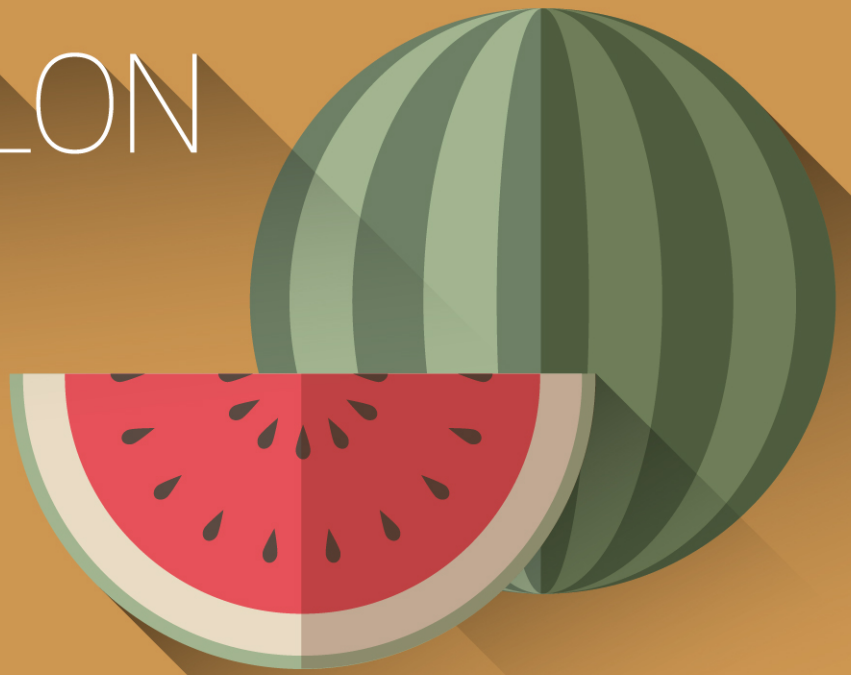


WATERMELON



Grab the Last Taste of Summer...

Enjoy the end of summer with watermelon in smoothies, salads, or just plain slices!

Health benefits of watermelon:

Watermelon contains lycopene, the cancer-fighting nutrient also found in tomatoes.

Watermelon contains a compound linked with helping the skin heal and regenerate.

There are 50 calories and 141 grams of water in every cup, so it's low in calories and will keep you hydrated.



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